

CLASS SCHEDULE



| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----------------------|--------------------|-----------------------|---------------------|-----------------------|---------|--------|
| 6 am | | 6 am | | 6 am | | CLOSED |
| 7 am | 7 am | 7 am | 7 am | 7 am | 8:30 am | |
| 9:15 am Women Only | 9:15 am | 9:15 am Women Only | 9:15 am | 9:15 am Women Only | 10 am | |
| 11 am | 11 am | 11 am | 11 am | 11 am | | |
| | | | | | | |
| 4 pm (CFT Kids) | 4 pm (CFT Kids) | | 4 pm (CFT Teens) | 4 pm (CFT Kids) | | |
| 5 pm | 5 pm | 5 pm | 5 pm | 5 pm | | |
| 6:15 pm | 6:15 pm | 6:15 pm | 6:15 pm | 6:15 pm | | |
| 7:30 pm | 7:30 pm | 7:30 pm | 7:30 pm | 7:30 pm | | |

For more info, please visit our website: www.cftangier.com

Text +212 678 93 43 65 to book your FREE first class!